August

2023

Subtitle

General PE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	Rules Expectations Routines	Intro to Class Game Day	Intro to Class Game Day
27	Volleyball -Bump - Set	Weights 29	Volleyball -Bump -Set	Weights/ Condition	Volleyball Serve	

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